



# Inspiring Parents



## Tong & Bowling

We're inspiring families in Tong and Bowling, including Holme Wood, Tyersal and East Bowling, to fall in love with reading!

We want parents, grandparents, guardians and carers to get involved and champion reading in their family and community.



**Inspiring  
Parents**  
TONG &  
BOWLING

in partnership with  
Bradford Stories



Opportunity  
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[Inspiringparents.org.uk](https://inspiringparents.org.uk)

#InspiringParents

# Family reading tips

Reading for just 10 minutes a day will help your child to learn and is a great way to spend time together as a family.

## Sharing stories with younger children

- **Find a quiet place.** Turn off the TV and put your phone away so there are no distractions.
- **Talk about the pictures** as you read the story. If there's a picture of a dog, talk about a dog that you know.
- **Share favourite books again and again.** Repetition helps children to understand and remember the words they hear.



## Encouraging older children to read

- **Read yourself!** Be a reading role model and show your child that books are an important part of your life.
- **Make time to read as a family.** Set aside a time for family reading – this could be after school or before bed. Don't be afraid to continue to share stories even when your child can read themselves.
- **Reading doesn't just mean books.** Your child might enjoy comics, magazines, newspapers or recipe books!

If you want to champion reading in your community, email [Bradford@literacytrust.org.uk](mailto:Bradford@literacytrust.org.uk).

