Newcastle

Leazes Park Story Trail



Welcome

This trail is aimed at children aged 2 to 5 and their families and carers.

Follow the map and the story of Uncle Josh, Mia, Kai and Tufty the dog to explore your park. What can you see and do? Can you tick off each activity?

Remember to stay safe, keep your distance from other families and sanitise your hands.

Read the story aloud to your little explorers and have fun chatting and playing along the route.

You may want to bring some blank paper and pencils so your little ones can make the most out of the trail – we would love to see photos of your little ones carrying out the activities!

This walk will take up to **1 hour** depending on your pace.







'Whoa look at that!'

said Mia, stopping at the lake.

'Ducks!' said her little brother, Kai, pointing across the water.

'Yes, ducks,' said Uncle Josh who was taking them to the park that day.

'No – that!' said Mia, pointing over the trees.

'The football stadium?' asked Uncle Josh.

Woof woof woof!

- Tufty, Uncle Josh's scruffy little dog agreed.

Mia shook her head. 'That is the alien spaceship!' she said. 'Quick. We are the superheroes. We must keep the park is safe from aliens and their space litter!'

Uncle Josh nodded. 'How do we do that?'

Mia put one hand on her hip and the other in a fist raised to the sky.

'We must always pick up litter and recycle rubbish. Superheroes go!'

she said, and set off down the path.

'Pow!' said Kai, running after his big sister.

Can you put on your imaginary superhero cape and mask?



What would you bring with you for a Superhero adventure?

The maze

Can you find your way through the maze? Find a tree and give it a hug! What does it feel like?

'This is a trick,' said Mia, as they reached some neat green hedges.

'The maze?' asked Uncle Josh.

Mia nodded. 'The aliens planted the maze to confuse us. But we will not give in!'

Woof woof woof! barked Tufty, and ran into the maze.

'Oh no! Let's rescue Tufty before he gets taken by the aliens!' said Mia, and she raced in after him. Kai giggled and followed them into the maze. After a while, Uncle Josh realised he couldn't see Kai any more.

'Kai? Kai! Where are you?' he called.

'Peekaboo!' shouted Kai as he popped up from behind a hedge.

'Phew, I thought the aliens got you,' said Uncle Josh.

'Nope, we beat them this time,' said Mia. 'But I saw them heading that way.'





Bandstand and terrace

Can you pretend to play some music in the Bandstand? How many musical instruments can you

pretend to play?



Soon, they reached a green, grey and white bandstand. Mia ran into the middle and curled up into a little ball on the floor.

'Are you ok, Mia?' asked Uncle Josh.

Mia turned her head and peeked one eye open. 'Yes, I'm just turning into Super Mia,' she said. Slowly, she got up and stretched. She put her arms out behind her and said,

'Ta-da! Now I have my cape.'

Kai copied Mia and touched the floor then jumped up high. 'Super Kai!' he said happily.

Uncle Josh carried Tufty in to the bandstand and crouched down, then lifted the little dog up high. 'Super Tufty to the rescue!'

'Roar!' said Kai, pointing to a stone lion just outside the bandstand.

Mia gasped. 'Oh no! The aliens have left dangerous lions to get us. We'll have to use our super speed to escape.'

Woof woof! said Tufty.

'That's right,' said Uncle Josh. 'Let's go!'

And they ran off, narrowly avoiding the stone lions.





Water splash sculpture



'Splash?'

said Kai as they reached a set of strange, blue sculptures.

'Ah-ha! These are the legendary splashes,' said Mia and led them to a nearby bench to sit down.

Once upon a time, the aliens landed in Leazes Park. They wanted the park all to themselves. They tried to turn it all into a lake so no one else could play here! And they even sent all the birds away. They were about to flood the whole park.

But then Superhero Freeze arrived just in time.

She froze the water and it all stopped here. Then the aliens flew away and took their rubbish with them.'

'So everyone can enjoy the park?' asked Uncle Josh.

'Exactly,' said Mia. 'We must keep the park clean and safe. Listen – can you hear birdsong?'

They all listened carefully. 'Tweet tweet?' asked Kai.

Mia smiled and nodded.

'Mission complete.'

'Well there is one more thing for Super Mia and Super Kai to do...' he said. 'Follow me.'

They all jumped up with one hand in the air and set off down the path.

Use your pencil and paper to note down the animals you can see and hear in the park



Have you got any rubbish that you can put in the litter bins?

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Play area

'I heard that Super Freeze left a superhero training ground in the park,' said Uncle Josh.

'Where? Where?' asked Mia.

Uncle Josh smiled. 'You're going to need all your super strength and super speed for it...'

'Play!' shouted Kai, as they got to the playground.

'Superheroes are you ready?'

Can you play a game of freeze tag?



One person is in charge of shouting 'freeze' or 'go'. When they say 'go', start walking or running until they shout 'freeze', then stop. Take it in turns.



Well done, you made it to the end of the Story Trail!

We would love to have your feedback. Please click here to answer some questions and be in with the chance of winning a prize!

Click here to complete this short survey

You can find more fun activities to add to your routine at wordsforlife.org.uk and hungrylittleminds.campaign.gov.uk

You can also join the online conversation using the hashtag #HLMStoryTrails











National Literacy Trust 68 South Lambeth Road London, SW8 1RL

Author: Rebecca Lewis-Oakes
Illustrator: Aaron Cushley
Local partner: Hungry Little
Minds North Fast









