



**Did you know? Reading for just 10 minutes every day can help you relax and boost your mood!**

**#Take10ToRead**

**[readmanchester.org.uk](http://readmanchester.org.uk)**



Manchester

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Change your story



**MANCHESTER**  
CITY COUNCIL

**My name is** .....

**I am** ..... **years old.**

**The book I would recommend to friends is:**

.....

**by** .....

**because** .....

.....

.....

**Draw the book's cover!**

