

FEE FI
FO FUN!



Jack and the Beanstalk activity booklet

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FO FUN!

created by

GET
SUFFOLK
READING



MARINA
THEATRE
LOWESTOFT

with support from **Lowestoft Rising Cultural Education Partnership**



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Wordsearch

"Wordsearches help children to focus and improve their concentration. They are great for small moments of time as they can easily be stopped and started."
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S	D	Y	M	O	L	E	R	B	S	B	T
P	A	N	T	O	M	I	M	E	E	M	D
R	M	T	N	E	S	S	L	A	R	A	I
A	E	R	A	O	H	A	N	N	I	G	F
H	J	E	I	Y	T	S	M	S	P	I	A
B	A	L	G	Y	B	E	Y	T	W	C	S
U	C	H	R	I	S	T	M	A	S	R	S
I	K	I	H	D	H	G	O	L	D	E	N
F	A	O	U	E	B	A	N	K	A	S	E
F	H	O	C	S	A	S	L	O	E	O	S
T	L	O	E	H	N	E	I	B	E	O	O
C	W	A	A	N	S	T	A	D	D	G	P

BEANS

BEANSTALK

CHRISTMAS

CLOUDS

DAISY THE COW

DAME

FAIRYTALE



GIANT

GOLDEN

GOOSE

HARP

JACK

MAGIC

PANTOMIME

Recipe

Play dough is great for making beanstalks.
You can buy some or make your own at home.

Here's a recipe to make your own:

"Squishing, rolling and flattening play dough helps your child develop muscles in their hands. It's useful for learning to hold a pencil or using scissors."

- 4 tablespoons plain flour
- 2 tablespoons salt
- ½ cup warm water
- 1 tablespoon vegetable oil
- 4 - 5 drops green food colouring
- 1 tablespoon of split peas

Mix the ingredients all together in a bowl. The more food colouring you add, the darker your green will be.

How tall can you make your beanstalk? What do you think you'll find at the top?



Song



Watch the video of Simon singing the song about Daisy the Cow!
Here are the lyrics – can you sing along too?

Well, you can tell by the way she use her walk

She's a disco cow, no time to talk

**Music loud and dancing strong, we've been
kickin' round**

Since we were born

And now it's alright, it's okay

Everybody look this way

Name your price, make a decision

Daisy is a top price Friesian

**Whether you're a brother or whether you're a
mother**

Just come and buy, come and buy

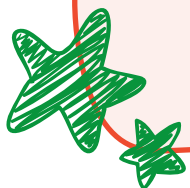
Feel the markets breakin' and everybody shakin'

So all come and buy, come and buy.

Ah, ha, ha, ha, come and buy, come and buy

Ah, ha, ha, ha, come and buy

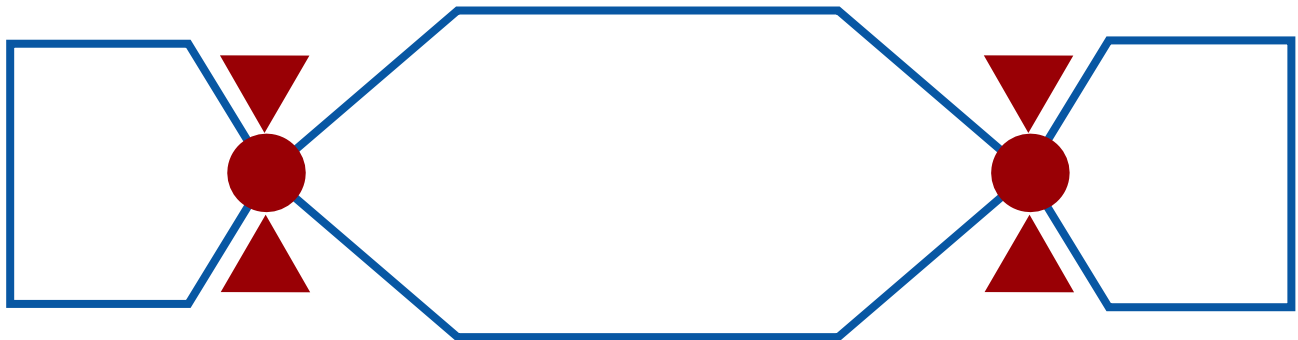
Come and buy!



Cracking cracker jokes!

"Learn to read with jokes! Laughter and literacy go together."

Write your own Christmas cracker jokes below. The cheesier and sillier the better! Include a joke and punchline on each cracker.



Pantomime phrases

"Guess the missing word helps children read a sentence and notice what is wrong with it. By being able to spot missing words, children will be able to develop their writing skills."

Can you fill in the blanks of these pantomime phrases you've heard today?



"He's _____ you!"

"Oh no it _____" and "Oh _____ it is!"

"Once upon a _____"

"Fee, fi, fo, fum, I smell the _____ of an
_____"

"A goose that lay a _____ egg"

Finish this sentence to sum up your pantomime experience.

I think pantomime is _____

My favourite part of Jack and the Beanstalk is _____

Cast bio

Meet the cast and crew of Jack and the Beanstalk at the Marina Theatre!



Sam Callahan plays JACK.

“The best part of my job is challenging myself to be the best I can be every time I step on stage.

I’ve been performing since I was eight years old. I found I excelled outside of the classroom and when I discovered performing arts I felt less misunderstood and like I’d found a place I fit.

I also work part-time as a personal trainer – and my main hobby outside of work is racing cars! I love it.”

Jamie Jones plays DAME TROTT.

“I’ve always loved theatre. As a young boy I used to go and see shows all the time and knew I wanted to do this as a career.

“My favourite part of Jack and the Beanstalk is when Dame Trott has to sell her beloved cow, Daisy. I love being silly and telling funny jokes but it’s nice to play a scene with a bit more truth and sadness.

“The best part is seeing audiences react to what we do, whether we make them laugh or take them on a journey of magic and adventure.”



John Lyons plays THE KING.



“I started on stage when I was 17 and I still find it great fun.

“My favourite part in the pantomime is when the audience join in with the lovely Christmas song at the end – it leaves us all with such a wonderful, warm Christmas glow.”



Terry Gleed plays SIMON, Jack's brother

"My favourite thing to do in life is entertain so to have this as my job is pure joy!

"I actually trained to be in hotel management but found theatre by accident and I am so glad I did.

"Jack and the Beanstalk is such a super story. The best part is that good triumphs over evil. It also teaches us that with courage and believe you can achieve so many amazing things."

Matt is the TECHNICAL MANAGER for the performance

"I look after all of the sound, lighting and staging aspects of the theatre. It's my job to make sure the shows you see are delivered on time and safely!

"I wanted to do this job because theatre and the arts makes a massive difference to people's lives. Places like the Marina allow every visitor to leave their worries at the door to enjoy singing, dancing and laughing for a few hours."

George is the COMMUNICATIONS MANAGER at the theatre

"I started out training to be an actor and spent many years working as a performer and director. But over time I got involved with marketing and social media so it was a natural fit when I came to work for the Marina.

"My favourite Jack and the Beanstalk character has to be Daisy the Cow. Without her there would be no magic beans and the show couldn't go on!"

Sam is OPERATIONS MANAGER at the theatre

"My job is to make sure everything in front of the stage – from the café to the ticket sales – all runs smoothly. I never have two days doing the same thing and I love organising things, especially when they go well!

"My favourite part of Jack and the Beanstalk is definitely the magic! Who wouldn't want some magic beans?"